

# Glen Alda Seniors

by Doug Field

*A friendly, active and open group.*

Summer is finally here as I write this in mid-September, the sun has actually been shining, the days are hot, or at least very warm, and the nights cool and star filled. I love this kind of weather in the summer, however we may have to adapt to this as our new normal for the fall, and accept that summer is going to be wet and soggy. That is what some climatologists would have us believe anyway. Personally, I think it is primarily an aberration for this year, and that things will basically return to what we have come to accept as normal over the past few of years. You will notice that I said "basically", and not definitely, as I am hedging my bets and giving myself some wiggle room to account for climate change. What actually concerns me is that the warm days and cool clear nights continue so that I can finish up all the work around here that I would like to get done prior to the snow arriving. Climate change is not my primary concern today, but completing all the tasks Bev and I need to have finished prior to the inevitable onset of winter needs to be done right now, while the weather is so fine.

One example of what awaits me, is that I do not like tilling a garden when the frost is already in the ground as that is murder on our old tiller - to say nothing of my poor arms from holding on tight to control the ground-chewing beastie. Next, in October, I always plant our garlic, and let's face it, the thought of planting garlic in frozen ground is not on my list of things I wish to experience. It is much nicer to work when the days are sunny and cool, the wind refreshing, and with Bev working by my side nothing could be finer. We actually do enjoy working together, and seeing the fruits of our mutual labour produce the anticipated outcome is highly satisfying to both of us. This fall, I promised that I would finally complete a task I roughed out with all the materials needed (stones) placed in the approximate spots where they would end up. I hate to admit it, but that was two years ago, and absolutely no progress has been made since, hence, it is high time to rectify that. We even planted the shrubs for the project in our vegetable garden while the work was to be completed, but the shrubs are still languishing in said garden. It will be nice

to finally move them, and with the fall being an ideal time to do so, I guess my procrastination has to finally come to an end.

Yesterday, today, and I am sure tomorrow, Bev has been washing, and I waxing, our vehicles to protect them from the coming winter's snow, ice, and worst of all, salt. This is a job I do not relish doing, but the results are truly satisfying to behold, at least until the first time you have to drive them on a rainy day. I am a bit of a fuss budget when it comes to this task. First comes the washing, and drying by hand so that no soap residue is left to dry on the paint. Next comes a good cleaning with a coat of well rubbed in cleaner wax, which is used to remove any oxidation from the paint. Last is an evenly applied coat of quality Carnuba wax, hand-rubbed until the surface gleams. I do have a mechanical polishing machine that Bev bought me, but frankly the results of doing it by hand are superior, and more satisfying. I am glad that task is complete until next fall, as now there is one less thing from my list to get done.

September was a good month for those who attended our Glen Alda Seniors lunches. The month began with a repast fit for kings as Patti (and I think Lloyd helped), prepared a baker's dozen of quiches of various flavours for the first meal at the GACC. The line up to select and taste the wide variety on offer was long to say the least. Seconds were had by some, and others left with enough to make lunch the next day. This is what I like about this group, lunch is always a surprise, the variety of salads, and deserts I find inevitably complement the main course and make the meal a true group effort. The second luncheon took place at Liz's place on Chandos, and as I write this the long term weather prediction looks great, so I am going out on a limb here and will say that like all of the past luncheons I have attended at Liz's the atmosphere, the food and the company made for a very enjoyable afternoon. It is our last formal bar-b-q of the season and inevitably enjoyed by all who attended.

October may have arrived by the time you are reading this, so I am suggesting that "the curious" could stop by the Glen Alda Community Centre to view and/or try out the newly installed equipment and bocci area at the rear of the building. The new stones protecting the grounds will have hopefully been installed along the parking area to prevent vehicles from driving on the grass, and most of the levelling of the grounds should have been completed as well. I am looking forward to seeing this myself as there were a number of people involved in the planning process who have been working on this for almost two years now ... so it will be nice to see the final results in their completed form.

Please remember, we are a friendly, active, and open group, and welcoming of those who wish to join us in our monthly get togethers. Call Barry Rand at 705-656-1850 for more information about our open and friendly group.

## THE NORTH KAWARTHA FOOD BANK'S

### Lucky Loonie Night

Saturday, October 14<sup>th</sup>

North Kawartha Community Centre

Featuring Hot Chicken & Beef Dinner

5:00 Doors Open and Silent Auction

begins; 6:00 Dinner; 7:00 Live Auction

begins and the Silent Auction continues. The \$20 Tickets

are available at the Apsley Pharmacy, at The Heart of

Apsley or please call Diane Rothnie at 705-313-0550.

