




Photo Above by Harold Eastman: Artists exhibiting at The Muse Gallery & Café. Left to Right: Ken Balmer, Arne Roosman, Eric Weiner, Molly Moldovan, Ketha Newman, Wendy Snefjellå, Andy Snyder, Magdalena Bobula, Linda Sorensen, Philo Smith



Photo Above Right by Eric Weiner: Guests at the Grand opening of the Muse Gallery & Café

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Farming means late nights

Whether it's the beauty of harvesting by moonlight or the joy of helping a heifer through a difficult birth, late nights have always been a part of farming.

But sometimes it's not the harvest or the heifer keeping you up. At times, farming can be as draining mentally as it is physically.

Make sure your well-being is a priority and talk to somebody if you or someone you know needs help.

Agriculture is rooted in strength – the strength to take care of our families and ourselves.

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