

# Glen Alda Seniors

by Doug Field

*A friendly, active and open group.*

The hard liners are still here in numbers. By the “hard liners”, I mean those of us who stick around for the winter. We are the tough ones. Cold weather, snow, freezing rain, ice, and big winds are not beyond our ability to handle with calmness, fortitude, a certain amount of grace, and let’s face it some fun as well. The things I like about those who stick out the winter months, is their willingness to support each other, to be there when they are needed, to follow through with help when the need arises. I am in no way suggesting that the “snowbirds” wouldn’t do the same things, but they are not here right now, so the rest of us have to stick together.

Bob and Winnie Woodley, Richard and Kelly Earl, Penny and Peter Schiener, Dave and Debbie Harmer, Cole, and Derek who shovelled the walks, plus Dave Kinney and his son were all instrumental in making a trying situation less stressful. These individuals stepped in when help was needed and gave of their time and efforts without having to be coerced or persuaded. They are a good example of what I have been trying to address here. A further example of this spirit was demonstrated at our last meeting, when without being asked, many of our little group filled in and took over tasks routinely done by someone else who was not up to the task that day. More power to all of you who stepped in when help was needed, the

place looked great when we locked up after all the work was done. This is one of the reasons we enjoy living here, it is not so much the natural beauty of the area, as the internal beauty of the people who live here that we find so endearing.

There is not much going on in our house this winter - at this time anyway. We had made some of our snowshoe trails in the bush already which we do every year, but of course the big thaw in mid-January put an end to that. It is too early for my big annual push on home maintenance which I usually tackle prior to the spring thaw. I am still at this point physically unable to address the trees in back of our place which need felling and blocking into firewood lengths. Therefore I am at somewhat of an impasse as it seems I have a lot of things I wish to accomplish, but no strength to actually get off my fanny and tackle the tasks that are begging to be done. What would you do in a situation like this? I already read a lot of books, watch Netflix movies, shovel snow, feed the birds, and dream of getting out in the garage and working on a bike, but it is too cold for my aging body out there. Got some suggestions, (no snarky ones folks), please let me know.

Now for the real purpose of this column, the Glen Alda Seniors Report. Here goes folks.

January was a good month for the Glen Alda group. We made it into a new year once again, and Mike and Dianne Long provided a feast fit for yours truly, and many others as well from what I heard that day. Dianne unfortunately was not there to enjoy the meal with us, but her daughter Maureen helped Mike put together the meal at the hall. Too bad she had to leave before the meal began as she missed a good feed. I particularly enjoyed the selection of salads, and the bread Mike put together was complimented on by many. Marilyn and Bob Brickle served up the feast on the second meal of the month, which at this point I believe will be turkey (yum). (Remember I pre-write this report before the event actually happens ... I have sampled this couple’s meals more than once before, and was looking forward to it with anticipation.)

February is the month when Micki Beck will thrill us with her meal selection for the first of two dinners scheduled. I wonder if her cooking is as entertaining as her storytelling skills. I guess we will have to wait and see. I personally have no doubts as to what to expect, something to satisfy the palate. Being my usual efficient self, I do not have the list of who is cooking the second meal of the month, so it will have to be the *Mystery Meal* for the purposes of this article.

Remember we are an active, open, and friendly group, so give us a call at 705-656-1620 to inquire how you may arrange to get to know us better.

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[clark@northkawarthcottages.com](mailto:clark@northkawarthcottages.com)

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