

L'Hiver est ici ... Encore

Finally it is winter - - - again. Snow, cold, Flu and various aches and pains seem more pronounced in winter than in the glorious warm days of summer; when it arrives. In late Fall the winter weather is already started, and the music of winter gets played; the seasonal hum of snow tires; The howling chain saw cutting the final cords of wood for winter heat; The chinkling of the lake ice as it slowly freezes and starts to cover the lakes; and of course the sound of the car or truck heater as it fights the new cold air in our vehicles.

Nevertheless. Spending most or all of a winter in the region is not all bad. Unlike the city, the snow is mostly clean and initially it decorates the trees the rocks and the ground with a white blanket that conceals the loss of summer foliage and plants as well as green grass. Come Spring and the snow will release those green colours to dress up our surroundings for another season. Admit it, fresh snow is pretty to see.

The sledders will have a few months in which to use their snowmobiles, and average down the cost of permits and depreciation. The Cross-country skiers will be out on their staves braving the cold, and working up a sweat before going home to a warm house, and dry pair of socks and a nice glow on their faces. Perhaps a Brandy or other Hot Toddy will enhance that return from whatever trail they have skied.

Of course winter brings that season when Colds and Flu make their annual visits which hits our Seniors the hardest, especially if they have not had Flu shots and/or Pneumonia Vaccine. The presence of 'puffers' will be seen in the land. And, in a pinch, the above mentioned Toddies can be a big help, too.

But for those of us who do not head to tropical climes, the Winter seems to bring more opportunities to get together for convivial food and drink. The Deer and Moose harvest is celebrated by neighbors entertaining friends with prepared Venison. Moose, or waterfowl obtained from the Fall hunt. Such meals, supported by wild vegetables and plain red wine seem to put a final note to the song of the hunter who had worked and toiled back in the hunting season, It's a well known fact that the fun of hunting ends when the Deer or Moose hit the ground. When the hunter offers his harvest to friends it is a sign of a very generous nature, and a gift from the hunter of his or her work in the field, and the work of preparing their trophies for you to enjoy.

So, unless your plans are to escape the area and head to warmer weather, bundle up, be not ashamed to add 'long-handles' to your wardrobe, wear suitable mitts and hats, And keep those feet warm and dry. And get out in the fresh cool air and be active. It's the only way to pass the winter with any degree of delight. And, oh yes, the Apsley Knights provide an entertaining evening of hockey where you will also meet friends and neighbors. See, there's plenty to do in Apsley in the winter. See you 'round.

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Annual General Meeting of the North Kawartha Food Bank

February 21, 2018

The North Kawartha Food Bank will be holding its Annual General Meeting on Wednesday, February 21st, 2018 at the Food Bank starting at 10:00 a.m. *This meeting is open to the public.* We are located at 135 Burleigh St. (near the soon to be defunct RBC Bank Branch).

If you are curious about the workings of the Food Bank or are interested in joining our team of volunteers, **this invitation is for you.**

For more information, please contact Diane Rothnie at 705-313-0550.

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