

Significant Growth at Entomo Farms

Entomo Farms, a Norwood-based company that produces edible insects, is expecting exponential growth after receiving funding through Community Futures Peterborough and an Ontario Innovation (SOFII) to continue growing through automation, increasing scale and process improvements.

This expansion comes after Entomo Farms started to supply their cricket powder to the Loblaw's chain under the President's Choice label, in recognition that more food suppliers have recognized that edible insects are becoming increasingly mainstream in the modern diet.

Insects are an excellent source of protein and are extremely environmentally sustainable to farm compared to livestock like cattle. The edible insects market is expected to grow to over \$1.5 billion CDN by 2023, with Entomo Farms being a key player, according to a publication by Meticulous Research.

Below: Roasted Crickets ready for market!



All Things Plaid - A Gala Event

By Mary Brown

The Little Black Dress Gala is happening again on Saturday, December 1st.

This year we picked a theme "**All Things Plaid**" meaning you can add Plaid to your outfit, you can make your outfit entirely plaid or whatever makes you happy!

I encourage business parties to make their own plaid version of the theme for the night! It is meant to be fun!

Event Sponsors and Benefactors: Shoreline Furniture Co., Mike Shee Carpentry and Mary Brown - Bowes & Cocks working in cooperation with Apsley Legion, Apsley Community Care and Apsley Minor Hockey.

Featuring: Silent Auction to benefit Apsley Community Care, BEST BEARD competition Sponsored by Mike Shee with proceeds to Apsley Minor Hockey. Bar proceeds to benefit the Apsley Legion.

Price: \$75 per person.

Meals by Personal Touch Catering: Roast Beef or Stuffed Chicken with a dessert buffet.

Entertainment/Band: Knuckle Hed featuring classic rock and rocking county begins at 9:00pm and will keep you dancing until 1:00am

NEW this year: We will be opening the doors to the public at 9:00 pm at a cost of \$20.00 per person - first come first served until we are sold out.

For more information, contact Mary Brown 705-313-3494 or e-mail MBrown@bowesandcocks.com