



ABC Seniors - Spring Report

Looking forward to spring and summer with ABC Seniors: what a great day we have together every Tuesday. The day starts at 10:00 am with Shuffleboard and quilting followed by lunch at noon. We have a great hot meal, followed by tea, coffee and dessert – there are lots of choices because our seniors love their desserts. Euchre and Bridge occurs in the afternoon until 3:00/4:00 p.m. No fundraising, just fun for our seniors. Other activities for our seniors are organized throughout the year such as quilt making, bus trips to local attractions, learning about senior fraud prevention in seminars by the OPP, and once a month free blood pressure clinics.

Recently, we as a group went to the new Peterborough Casino where two of our members came away with over \$1,500.00 in cash winnings. Everyone loved the bus trip and thoroughly enjoyed the lunch.

Another trip was to provide everyone that attended a free lunch at Honey's Restaurant, followed by an afternoon matinee at the cinema to see *The Green Book*: Another successful outing for the ABC Seniors.

Weekly meals are \$5.00 for members and \$7.00 for non-members. On days where the meal is soup, sandwiches, and dessert, coffee or tea the cost is \$4.00 for Members and \$5.00 for non-members. Once a month we have a potluck where members who bring in a side dish, dessert or casserole eat for free. The price for a meal on Potluck day is \$5.00 for members and \$6.00 for non-members. Twice a month we are served a three course hot and delicious meal by a world famous chef/mother from Apsley for our regular \$5.00 for members \$7.00 for non-members.

Photo Above: Our new board members from left to right are Cinda McKeen, Secretary; Phyllis Sutton, Director; Elfie Price, Treasurer; Rick Price, President; Bob Sutton, Director; Cliff Steane, Vice President; Shirley Shaver, Director of Kitchen Operations; Darlene Albert, Director of Trips. Directors Mary Evans & Myra Redmond were absent for the photo.

We host a fall bazaar on a Saturday in November where we draw winning tickets on three prizes and serve lunch to the public. Our hard working and very talented and lovely ladies make a very large hand sewn quilt. This is also something that provides fellowship for the quilters.

ABC seniors provides fun activities, great food, and cards after lunch once a week to get a break from winter. Come out to the NKCC for exercise first, a wonderful meal, and a game of cards. Please join us and get to know your fellow citizens. I can promise you this is the best way to meet a very fine group of people. You will enjoy yourself.

We have received funding from the Ministry of Senior Affairs in the past and this funding helps subsidize our events and trips to get seniors out who may be lonely and wishing to meet new friends.

Upcoming events:

- Casino Bus Trip to Peterborough April 29th
- Famous ABC Euchre tournament June 7th

Closed July and August. Annual Membership \$7.00

You can inquire about joining us by calling 705-656-3166.

Rick Price, ABC Seniors President





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Please call us to arrange for an appointment in Apsley.